



Medical Form

Name: _____

Symptoms:

When did you first notice symptoms: _____

Currently, what symptoms are you experiencing? (circle):

Swelling Weakness Open Sores/Wound That Won't Heal Pain
Heaviness/Tightness/Fullness Skin Changes (dry, discolored, weeping, hard) Rash
Shortness of Breath Impaired Motion Numbness/Tingling

Other (please describe): _____

Is your swelling affecting your ability to perform daily tasks?: _____

Therapy History:

Have you received ANY outpatient Physical, Occupational, or Speech Therapy this calendar year?: _____

If so, when, and for how long? _____

Are you currently receiving outpatient Physical, Occupational, or Speech Therapy?: _____

Where, and for what? _____

Are you currently receiving home health services, to include nursing or therapy?: _____

Have you ever received lymphedema therapy in the past?: _____

If so, when: Please describe the treatment you received. _____

Lymphedema Rehab

6 Loudon Road, Suite 203 | Concord, NH 03101
(603) 227-6614 | LymphedemaRehab.com

Medical History:

Do you have any of the following medical conditions (check)?

_____ High blood pressure

If so, what is your blood pressure normally? _____

_____ Asthma

_____ Arterial Disease

_____ Paralysis

_____ Crohn's Disease/Ulcerative Colitis

If so, when was your last flare? _____

_____ Vertigo/Dizziness

_____ Heart Problems

If so, please describe: _____

_____ Aortic Aneurysm

_____ Diabetes

_____ Congestive Heart Failure

If so, when was your last acute episode? _____

When was your last cardiology visit? _____

_____ Thyroid Problems

If so, how are they managed? _____

_____ GERD/reflux

_____ Fractures

List any in the last year: _____

_____ Cancer (if so, please fill out "Cancer History" section of form)

_____ Circulation Problems

_____ Osteoporosis

_____ Renal/Kidney Problems

_____ Loss of sensation

_____ Diverticulitis

_____ Breathing Issues

_____ Deep Vein Thrombosis/Blood Clot – if so, when: _____

Please list any other medical problems. _____

Please list the medications you take on a daily basis. _____

Surgical History:

Please list any surgeries that you have had (include dates): _____

Have you had any skin infections (such as cellulitis) in the past that required treatment, such as antibiotics? (circle) Y N

If so, please list: _____

Area of infection: _____ Date: _____

Treatment: _____

Cancer History:

What type of cancer? _____

When were you diagnosed? _____ Are you in remission? _____

Where are you/were you being treated? _____

What type of treatment have you had? _____

Please list procedures and dates: _____

If you have/had Breast Cancer, please fill out the following:

Did you have surgery? If yes, (circle) right left bilateral

Have you had a: (circle) lumpectomy mastectomy

Surgery Date: _____ # of lymph nodes removed _____

Have you undergone: (circle) radiation chemotherapy

To what area? _____

Allergies:

Do you have any allergies: (circle) Y N

If so, please list: _____

Pain:

On a scale from 0 (no pain) to 10 (pain so bad you should go to the hospital), please rate your pain in the affected limb:

Currently: _____ Worst: _____ Best: _____

Describe your pain: _____

What increases it? _____

What decreases it? _____

Social History:

Do you have someone who can help you with your therapy? _____

Do you have someone who can attend a session and assist with bandaging? _____

Do you currently work? _____

Occupation? _____

Will you be able to continue to work with a limb bandaged? _____

Goals:

What activities are you unable to, or are having difficulty doing as a result of your swelling?

What are your goals for treatment?

1. _____

2. _____

3. _____

4. _____

Is there anything else we should know? _____

Signed: _____ **Date:** _____